

What to Develop in a Woman's Life

To disciple others effectively, we must FIRST choose to be invested in our own discipleship. The list below identifies topics to personally *explore* and *cultivate* in our own faith walk that we can also help other women *explore* and *cultivate*.

These topics are not in step-by-step order. Your own need and the “need of the hour” in another woman’s life determines where you begin. However, “The Basics” are foundational to every other topic, so it’s always encouraged to start there.

The Basics

Developing a Quiet Time with God through prayer and the Word

Learning about the Bible – it’s background, how and why to study, the meta-narrative

Practicing spiritual disciplines (solitude, prayer, fasting, fellowship, worship, serving, giving, charity, etc.)

Understanding Who God Is

His sovereignty, character, names, and promises

His balance of justice and mercy

The revelation of God in Christ

The will of God, how He wants to be loved, how He interacts with us

Who is God the Father? Jesus Christ? the Holy Spirit? the Trinity?

Understanding What God Wants

The Kingdom of God in and through her life

Conformity to Christ/the New Creation

Lordship, Obedience, Stewardship, Accountability

Discipleship, Fruitfulness, Multiplication

His purpose in her life

Use of her spiritual gifts

The ministry of the “Older Woman”

Understanding the Enemy

Her position in Christ and spiritual authority over strongholds, generational sins, relational idolatry, etc.

The importance of renewing the mind/truth vs. lies

Who the Enemy is and is not

Satan’s strategies for her defeat

The “isms” of division (*sexism, feminism, racism, nationalism, denominationalism, individualism, legalism, materialism, etc.*)

The enemy’s nature

Understanding Who We Are in Christ

Made in God’s Image, how the “new man” forms in her

Reconciliation of life experiences and acceptance of God’s will, forgiveness of self and others

Her uniqueness: strengths and weaknesses, personality type, spiritual gifting

“Who I Am in Christ” statements



Understanding Singleness

Emotional contentment

Character development

Growth and engagement in ministry

Confronting personal idols

Personal holiness (identity)

Relational purity (moral integrity in thoughts, words, and actions towards others)

Managing the home

Understanding the Role of a Wife

Helpmate

Submission

Headship vs. Leadership

Knowing her husband, his temperament, love language, need for respect

The importance of the sexual relationship

Personal holiness (identity)

Relational purity (moral integrity in thoughts, words, and actions towards others)

Managing the home

Understanding the Role of a Mother

Nurturing children spiritually, emotionally, mentally, socially, and physically

Biblical reasons for training and disciplining children (corporal and/or non-corporal)

Importance of constant encouragement, prayer and praise for obedience/good choices

Letting go (maturing teens, empty nest, prodigals)

